

# Kinetic Theory Circus Arts Class Schedule

Winter/Spring 2012  
January 3rd-April 23rd

<b><u>Monday</u></b>	<b><u>Tuesday</u></b>
10am - 2pm: Open Workout	10 - 11:30am: Beginning Contortion
10:30a - 12p Handbalancing	10 - 11:30am: Beginning Aerial Arts
4 - 6pm: Youth Circus Arts	11:30am - 1pm: Aerial Pilates
*6 - 7:30pm: Beginning Aerial Arts	1pm - 4pm: Open Workout
7:30pm - 9:30pm: Int./Adv. Mixed Apparatus	3 - 4:30p: Youth Intro to Circus
	4 - 6:00pm: Youth Troupe
	6pm - 9pm: Pre-professional Performance Troupe (Invitation Only)
<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>
10am - 2pm: Open Workout	10a-11a: Pilates Mat
4 - 6pm: Youth Circus Arts	11am - 1pm: Intermediate & Advanced Trapeze
6 - 7:30pm: Acrobatics	*11am - 1pm: Intermediate & Advanced Contortion
6 - 7:30pm: Beginning Contortion	1 - 4pm: Open Workout
7:30 - 9:30pm: Physical Theatre	4 - 6:00pm: Youth Troupe
7:30 - 9pm: Int./Adv. Acrobatics	*4:30-6pm: Youth Acrobatics
	6 - 9pm: Pre-professional Performance Troupe (Invitation Only)
<b><u>Friday</u></b>	<b><u>Saturday</u></b>
10am - 2pm: Open Workout	*10am-11am: Pre-School Circus Stars
4 - 5pm: Pre-Kindergarten Circus	*10am-12pm: Beginning & Intermediate Youth Circus Arts
4 - 6pm: Youth Circus Arts	*11am-12:30pm: Youth Intro to Circus
6 - 7:30pm: Beginning Aerial	
6 - 7:30pm: Teen Aerial	
<b><u>Sunday</u></b>	<b>*space is limited and subject to enrollment status. contact us to enroll or drop-in.</b>
10am-1pm: Youth Troupe/Pre-Professional Troupe	
2 - 3:30pm: Beginning Aerial Arts	
2 - 3:30pm: Beginning Contortion	
4 - 5:30pm: Partner Acrobatics	
4 - 6pm: Int./Adv. Contortion	
*4 - 5:30pm: Circus Conditioning	
6 - 9pm: Open Workout	